



Permission for Mental Health Services

Kalon Prep Academy is committed to providing quality education to its students. In an effort to achieve this goal, parents/guardians or school staff may refer students for mental health services, or students may request mental health services. The focus of the mental health support is to help students better understand the world they live in and make better decisions that help them live functional lives.

Provisions of Services:

It is the policy of Kalon Prep Academy Mental Health and Social Work Services, to obtain parent/guardian written permission for mental health services. Services include, short term individual skills, crisis intervention, group skills, and referrals as needed

Understanding of Services for Parents/Legal Guardians:

As a parent or legal guardian, I understand that school mental health services are aimed at more effective psychoeducation and socialization of my child within the school community. I understand that these services are not intended as a substitute for psychological counseling, diagnosis, or medication, which are not the responsibility of the school. I acknowledge that it is my responsibility to determine whether additional or different services are necessary and whether to seek them for my child.

Confidentiality

In order to build trust with the child, the mental health staff will keep information confidential with some possible exceptions. I understand that the mental health staff may share information with parents/guardians, the student's teacher, and/or administrators or school personnel who work with the child on a need to know basis, so that we may better assist the child as a team. The mental health team is required by law to share information with parents or others in certain circumstances.

Print Child's Name _____

I, _____, am the legal parent/guardian of _____. I have read, understand, and agree to the terms of the Mental Health Services Informed Consent. Please check one:

I give permission for my child to receive individual and/or group mental health services while attending Kalon Prep Academy.

I choose to decline school mental health services for my child at this time.

I understand that I may request mental health services at a later date if needed.

Kalon Prep Academy's Mental Health Team:

Kayla Hoelscher, Social Emotional Learning Interventionist

Katie Lehn, MSW, LSW, School Social Worker

If additional services are needed, referrals are available to the following professionals:

Molly Swenson, LMFT, Art of Counseling

Megan Schmidt, LPCC, Solutions Behavioral Healthcare Professionals

Jeff Cross, LMFT, West Central Counseling